

International Brazilian Jiu-Jitsu Federation rules

The C.B.B.L operates on a single elimination system, which adheres to the official A competitor can win a match by submission, points, advantage or referee's decision.

Score System	
Throws and/or Takedowns	2 points
Knee on <u>stomach</u>	2 points
Top mount position	4 points
Changing position (Guard or Half-Guard to top)	2 points
Passing the guard	3 points
Control from the back (Back mount and/or Back Grab)	4 points

Advantage is determined by aggressiveness, submission attempts, takedown attempts and superior positioning.

Belt	Year Born	Time
All Belts	2003 - 2005	2 minutes
All Belts	2000 - 2002	3 minutes
All Belts	1994 - 1999	4 minutes

Belt	Juvenile	Adult	Master	Senior 1 & 11	Female
White	5 minutes	5 minutes	5 minutes	5 minutes	5 minutes
Blue	5 minutes	6 minutes	5 minutes	5 minutes	6 minutes
Purple		7 minutes	6 minutes	5 minutes	7 minutes
Brown		8 minutes	6 minutes	5 minutes	8 minutes
Black		10 minutes	6 minutes	5 minutes	10 minutes

Medals will be awarded to athletes achieving first, second, and third place in each division.

Illegal Techniques in all divisions

**NO HEEL HOOKS OR TWISTING KNEE LOCKS OF ANY KIND
NO STRIKING OF ANY KIND**

NO BITING, HAIR PULLING OR EYE-GAUGING
NO SLAMMING OF ANY KIND
NO CERVICAL NECK CRANKS OF ANY KIND

Comprehensive List of Legal and Illegal Techniques by Age and Belt Level

Kids Ages 04 through 12:

NO SLAM FROM THE GUARD
NO BICEPS LOCK
NO WRIST LOCK
NO TRIANGLE PULLING THE HEAD
NO FOOT LOCKS OF ANY KIND
NO KNEE LOCK, LEG LOCK
NO CERVICAL LOCK (ANY KIND)
NO FRONTAL NECK CRANK
NO EZEQUIEL
NO CALF LOCK
NO OMOPLATA (SHOULDER LOCK)
NO FRONTAL GUILLOTINE
NO SCISSORS TAKEDOWN
NO HEEL HOOK

From the Ages of 13 through 15:

NO SLAM FROM THE GUARD
NO BICEPS LOCK
NO WRIST LOCK
NO TRIANGLE PULLING THE HEAD
NO FOOT LOCK S(ANY KIND)
NO KNEE LOCK, LEG LOCK
NO CERVICAL LOCK(ANY KIND)
NO FRONTAL NECK CRANK
NO EZEKIEL
NO CALF LOCK
NO SCISSORS TAKEDOWN
NO HEEL HOOK

Ages 16 through 17 :

NO SLAM FROM THE GUARD
NO LEG LOCKS
NO CERVICAL (only without chokes)
NO BICEPS LOCK

NO CALF LOCK
NO WRIST LOCK
NO MATA LEAO WITH FOOT
NO SCISSORS TAKEDOWN
NO HEEL HOOK

JUNIORS, INCLUDING WHITE AND BLUE BELTS (AGES 16 TO 17) AND ADULT THROUGH SENIOR WHITE BELTS

Straight Ankle Locks are legal in the following divisions

NO SLAMMING FROM THE GUARD
NO CERVICAL NECK CRANKS
NO SCISSOR TAKEDOWNS
NO HEEL HOOKS OR OTHER TWISTING KNEE LOCKS
NO BICEPS LOCKS (i.e., BICEP SLICERS)
NO CALF LOCKS (i.e., KNEE SPREADERS)
NO KNEE BARS
NO MATA LEAO WITH FOOT (i.e., FIGURE-FOUR TOE-HOLDS)
NO WRIST LOCKS

ADULT THROUGH SENIOR BLUE & PURPLE BELTS

Wrist locks are legal in the following divisions

NO SLAMMING FROM THE GUARD
NO CERVICAL NECK CRANKS
NO SCISSOR TAKEDOWNS
NO HEEL HOOKS OR OTHER TWISTING KNEE LOCKS
NO BICEPS LOCKS (i.e., BICEP SLICERS)
NO CALF LOCKS (i.e., KNEE SPREADERS)
NO KNEE BARS
NO MATA LEAO WITH FOOT (i.e., FIGURE-FOUR TOE-HOLDS)

ADULT THROUGH SENIOR BROWN AND BLACK BELTS

Knee locks, Biceps Locks, Calf Locks, Knee Bars, and Mata Leao with the Foot are legal in the following divisions

NO SLAMMING FROM THE GUARD
NO CERVICAL NECK CRANKS
NO SCISSOR TAKEDOWNS
NO HEEL HOOKS

Please Note

- **Weigh-ins will take place on the mat before each competitor's first match. Each competitor gets only one opportunity to weigh-in.**
- **Any athlete who fails to appear when called to compete will forfeit the match**
- **Any competitor attempting to escape a submission by going out-of-bounds will be disqualified.**
- **The promoters of the American Cup will not tolerate any unsportsmanlike-like conduct. Any disrespectful behavior will result in immediate disqualification and removal from the premises of the athlete, with no refund of the registration fee.**
- **No refunds**

Disclaimer: The promoters are not liable for any injury and / or accident involving the competitors. The event is properly insured. Medical staff will be on the premises to provide first aid as needed.